



KNIFE DISARM:

A suspect (left) walks toward Jim Wagner, and to be safe, Wagner shifts into the alert stance (1). The man pulls a knife out of his pocket, but Wagner can't retreat because there's no room. Therefore, he raises his limbs for protection (2). Wagner uses both hands to grab the knife hand (3), then closes the distance to prevent him from using his weapon again (4). Before the assailant can regain the space he needs to maneuver, Wagner sweeps his leg (5). As soon as he's able to flee, he does so (6). If he cannot escape, he does whatever it takes to disarm the attacker.

“If you can touch the gun, you can take the gun. Get off the line of fire to avoid the bullet, then grab the weapon with both hands while keeping the muzzle pointed away

from your body.”

How do I keep from being sucker-punched?

Whenever you're approached by somebody you don't know or trust, you should “talk with your hands.” In other words, position your hands in front of you but avoid looking like you're about to defend yourself. Camouflage your readiness by using your hands to make gestures, or simply rub them together. A criminal will view a defensive posture, such as